

**FROM ADMISSION TO DISCHARGE:
APPLYING THE PRINCIPLES OF
SAFE INJECTION PRACTICES
IN AMBULATORY SETTINGS**

PRESENTED BY: RENEE FUSCO, RN, CIC, CSPDT

ACT ONE:
A Tale Of Unsafe
Injection Practices

THE WORST MOVIE YOU NEVER WANTED TO SEE

Outbreaks of Infection Caused by Breaches in Safe Injection Practices

THE HARMFUL EFFECTS OF UNSKILLED ACTORS:

MailOnline

Parents' horror as they are told to test their infants for HIV after flu vaccine mix-up
April 13, 2011



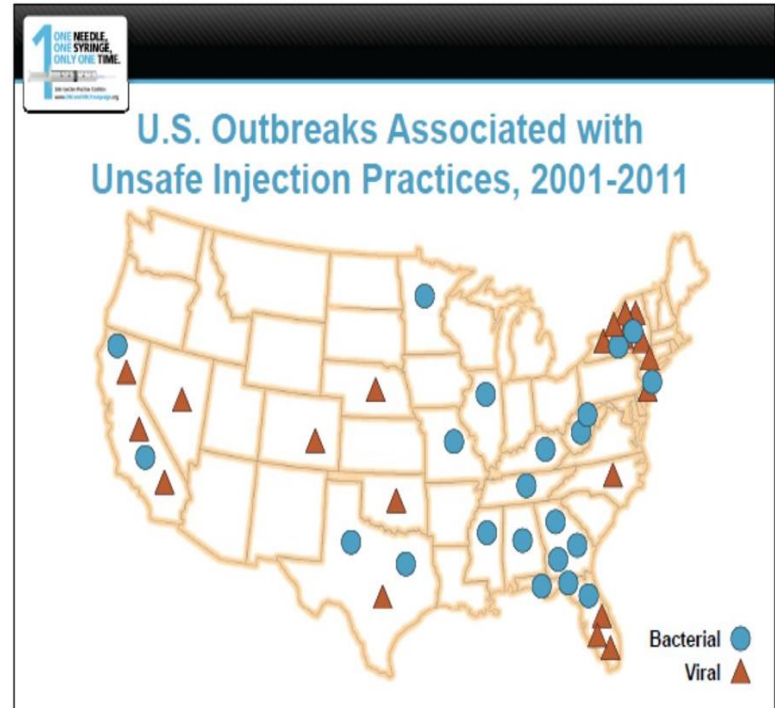
City alerts 450 patients of Hylan Boulevard clinic to hepatitis C Concern
June 17, 2011



Nurse accused of stealing pain meds gets probation
September 20, 2011



NJ doctor loses license after hepatitis B outbreak
September 15, 2011



CDC. Injection safety: every provider's responsibility.

FEBRUARY 2020 MAYO CLINIC REPORT:

- **SINCE 2001 NEARLY 200,000 PATIENTS IN THE UNITED STATES HAVE BEEN NOTIFIED ABOUT POTENTIAL EXPOSURE TO BLOOD-CONTAMINATED INJECTIONS OR INJECTION EQUIPMENT.**
- **DESPITE CLEAR CDC GUIDELINES, NATIONALLY ORGANIZED CAMPAIGNS, EDUCATIONAL PROGRAMS AND REGULATORY OVERSIGHT, NON-COMPLIANCE CONTINUES**
- **2001 – 2011: 35 SEPARATE EVENTS RESULTED IN NOTIFICATION OF MORE THAN 130,000 PATIENTS**
- **2011 – 2018: 38 SEPARATE EVENTS RESULTED IN NOTIFICATION OF NEARLY 67,000 PATIENTS**

BLOOD-BORNE PATHOGEN OUTBREAKS DUE TO UNSAFE INJECTION PRACTICES (2007-2009)

NEW YORK CITY – ENDOSCOPY CLINIC – HEPATITIS C VIRUS TRANSMISSION → 4,500 PATIENTS NOTIFIED

LONG ISLAND, NY – PAIN MANAGEMENT CLINIC – HEPATITIS C VIRUS TRANSMISSION → 10,400 PATIENTS NOTIFIED

**MICHIGAN – DERMATOLOGIST – FRAUD INVESTIGATION → 13,000 PATIENTS NOTIFIED
LAS VEGAS, NV – ENDOSCOPY CLINIC – HEPATITIS C VIRUS TRANSMISSION → >50,000 PATIENTS NOTIFIED**

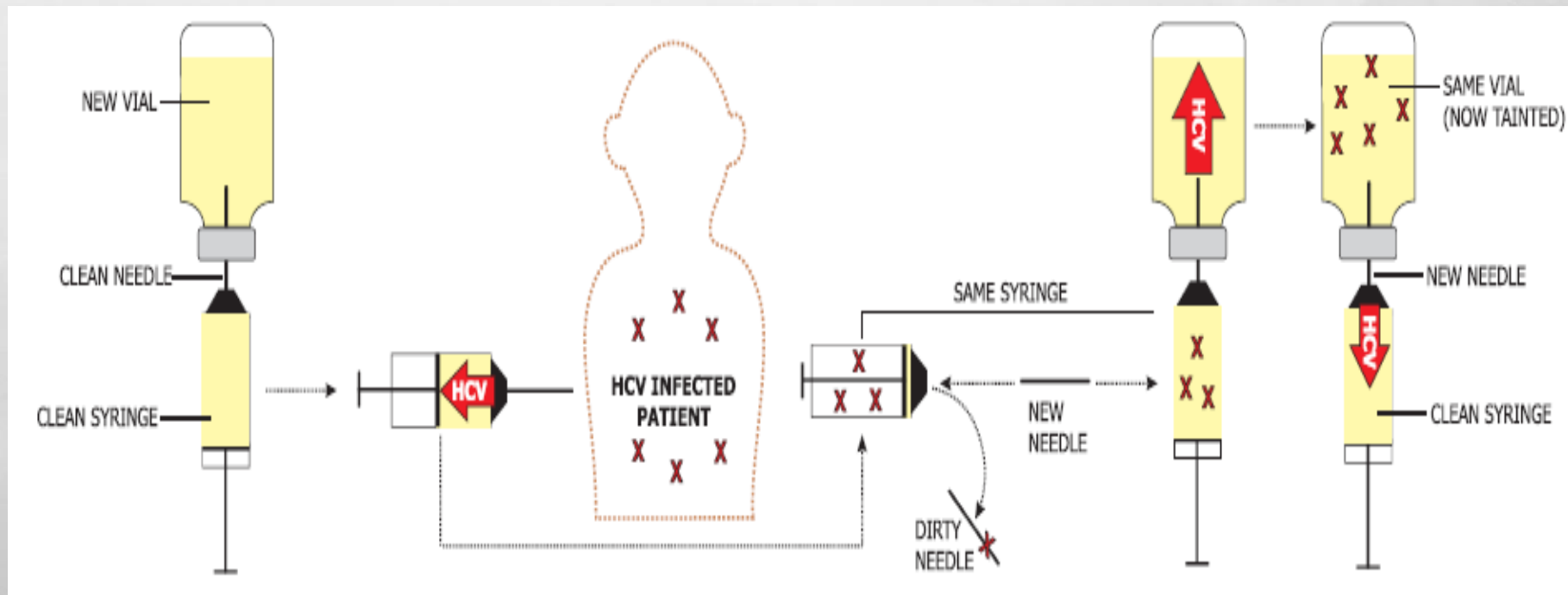
NORTH CAROLINA – CARDIOLOGY CLINIC – HEPATITIS C VIRUS TRANSMISSION → 1,200 PATIENTS NOTIFIED

NEW JERSEY – ONCOLOGY CLINIC – HEPATITIS B VIRUS TRANSMISSION → 6,000 PATIENTS NOTIFIED

COMMON ELEMENTS: RE-USE OF SINGLE USE SYRINGES, SINGLE-DOSE VIALS & SINGLE-PATIENT SALINE BAGS FOR MULTIPLE PATIENTS

INDIRECT SYRINGE REUSE NEVADA ENDOSCOPY CENTER HCV OUTBREAK INVESTIGATION, 2008

SYRINGES WERE RE-USED TO WITHDRAW MULTIPLE DOSES FROM SINGLE DOSE VIAL FOR ONE PATIENT



UNSAFE BLOOD GLUCOSE MONITORING

23 OF 50 HEALTHCARE-ASSOCIATED HEPATITIS OUTBREAKS (1999-2009) INVOLVED ASSISTED BLOOD GLUCOSE MONITORING IN NON-HOSPITAL SETTINGS

COMMON RISK FACTORS:

- **RE-USE OF FINGERSTICK DEVICES ON MULTIPLE PATIENTS**
- **CO-MINGLING OF CONTAMINATED DEVICES**
- **FAILURE TO CLEAN AND DISINFECT REUSABLE DEVICES**



BACTERIAL OUTBREAKS DUE TO UNSAFE INJECTION PRACTICES, 2008-2009

WV – PAIN CLINIC – 8 CASES – INVASIVE *S. AUREUS*

- **EPIDURAL INJECTIONS; 7 PATIENTS HOSPITALIZED (RANGE 5-23 DAYS)**

GA – PRIMARY CARE CLINIC – 5 CASES – *S. AUREUS*

- **JOINT INJECTIONS; ALL PATIENTS HOSPITALIZED ≥1 WEEK**

FL – PAIN CLINIC – 7 CASES – *MYCOBACTERIUM ABSCESSUS*

- **EPIDURAL INJECTIONS; ALL PATIENTS REQUIRED LAMENECTOMY**

FL – PAIN CLINIC – 24 CASES – INVASIVE *S. AUREUS*

- **EPIDURAL + OTHER LUMBAR INJECTIONS; 10 REQUIRED LAMENECTOMY**

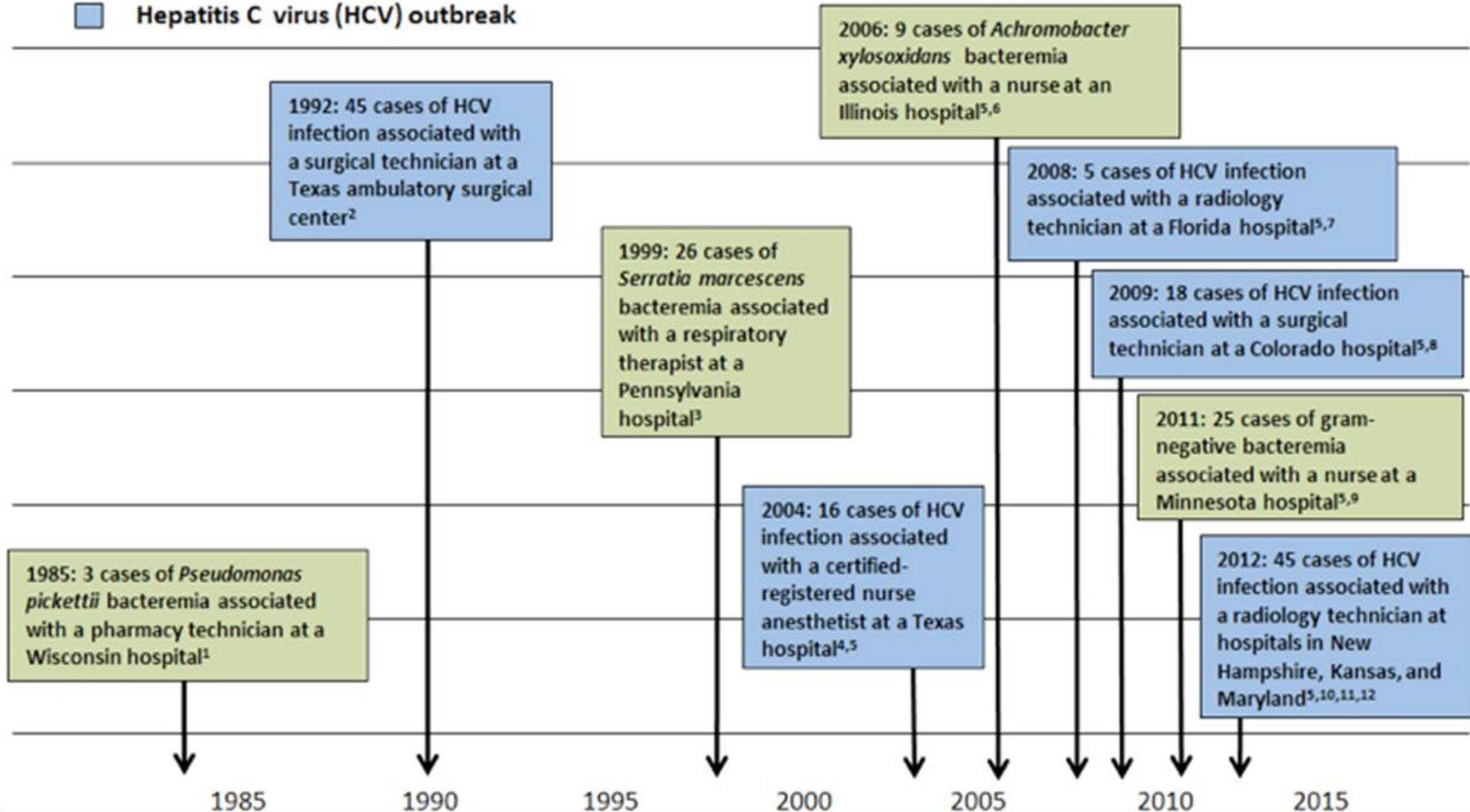
NYC – PAIN CLINIC – 9 CASES – *KLEBSIELLA PNEUMONIAE*

- **SACROILIAC JOINT INJECTIONS; 4 PATIENTS HOSPITALIZED**

COMMON ELEMENTS: REUSE OF SINGLE DOSE CONTRAST DYE AND OTHER UNSAFE INJECTION PRACTICES / INFECTION CONTROL DEFICIENCIES

30 YEARS of outbreaks associated with drug diversion by healthcare providers

- Bacterial outbreak
- Hepatitis C virus (HCV) outbreak



ONE EXAMPLE OF DRUG DIVERSION

2 REPORTS OF ACUTE HCV INFECTION IN PATIENTS WHO BOTH HAD SURGICAL PROCEDURES PERFORMED BY THE SAME FACILITY

INVESTIGATION LED TO:

HCV-INFECTED SURGICAL TECH STOLE FENTANYL SYRINGES THAT HAD BEEN PRE-DRAWN BY ANESTHESIA STAFF AND LEFT UNLOCKED IN THE OR

TECH REFILLED CONTAMINATED SYRINGES WITH SALINE TO SWAP WITH ADDITIONAL FENTANYL SYRINGES

> 8,000 PATIENTS WERE NOTIFIED → 26 DOCUMENTED INFECTIONS

ALSO NOTIFIED: THE ASC THAT EMPLOYED TECH AFTER BEING FIRED FROM THE CO HOSPITAL AND THE NY HOSPITAL WHERE TECH WORKED PRIOR TO CO HOSPITAL

ACT TWO: The Writers Change The Script

NOW PLAYING AT AN AMBULATORY CENTER NEAR YOU

THE DIRECTORS HAVE BEEN CLEAR:

CMS CONDITIONS FOR COVERAGE

STATE LICENSURE REGULATIONS

ACCREDITING ORGANIZATIONS

MANAGED CARE & INSURANCE CONTRACTS

PATIENT SAFETY ORGANIZATIONS

**THE MAJORITY OF THESE “DIRECTORS” RELY ON
GUIDANCE FROM THE “WRITERS” I.E. THE CDC.**

SAFE INJECTION HAS BEEN A PART OF STANDARD PRECAUTIONS SINCE 2007



HAND HYGIENE



BARRIER
PRECAUTIONS (PPE)



SHARPS SAFETY



RESUSCITATION
SAFETY



SAFE MANAGEMENT
OF EQUIPMENT



HANDLE LINEN AND
WASTE
APPROPRIATELY



KEEP THE
ENVIRONMENT
CLEAN



PATIENT PLACEMENT

SAFE INJECTION PRACTICES INCLUDE:



Needles/syringes used for only one patient, then discarded immediately



Medication vials always entered with a new, sterile needle/syringe



Medications that are pre-drawn are labeled with time of draw, initials of person drawing, medication name/strength, and expiration date/time



Single dose/single use medication vials are used for only one patient and discarded



Manufactured/prefilled syringes are used for only one patient and discarded

SAFE INJECTION PRACTICES, CONT'D:

Bags of IV solution and tubing are used for only one patient

Injectable drug vials and IV ports are disinfected with alcohol prior to each entry

Sharps are disposed of in a puncture-resistant sharps container

Sharps containers are discarded when the fill line is reached (usually $\frac{3}{4}$ full)

SAFE INJECTION PRACTICES, CONT'D:

- ✓ Store, prepare and distribute medications from a central location
 - ✓ Keep medication storage / preparation areas clean and free of contamination, >3ft. from sink
- **A pocket is not a storage area that is temp controlled, clean & free of contamination****
- ✓ Puncture IV solution containers as close as possible to time of use
 - ✓ Use single dose vials if at all possible- multidose vials pose a risk of cross contamination.

- ✓ Store multi-dose vials (injectables) in a centralized location, and dedicate to a single patient if accessed in a procedural area
- ✓ Label multi-dose (injectable) medication vials with the date first opened and discarded within 28 days or according to manufacturer's recommendation, whichever comes first; stored in an area away from immediate patient care.
- ✓ Evaluate compliance with safe practices at each step in the medication use process.

SAFE BLOOD GLUCOSE MONITORING



**BLOOD GLUCOSE METER IS DEDICATED TO A
SINGLE INDIVIDUAL**

OR

APPROVED FOR MULTIPLE-PATIENT USE

AND

CLEANED AND DISINFECTED AFTER EVERY USE

**A NEW, SINGLE-USE, AUTO-
DISABLING LANCING DEVICE IS USED
FOR EACH PATIENT**

YOUR OPPORTUNITY TO SHINE

Take the Lead



Study your script



Memorize your lines



AND.....

Practice, practice practice



SAFE INJECTION PRACTICES IN PRE-OP

IV CATHETER INSERTION

APPLICABLE PRINCIPLES:

STORE IV FLUIDS AND SUPPLIES FOR IV ACCESS IN A CLEAN, DRY LOCATION FREE OF CONTAMINATION

FOLLOW MANUFACTURER INSTRUCTIONS

PREPARE IV FLUIDS AND TUBING AS CLOSE AS POSSIBLE TO THE TIME OF USE

LABEL THE IV FLUID CONTAINER WITH THE DATE AND TIME PREPARED

USE ONE PER PATIENT:

- **IV FLUID**
- **IV INSERTION CATHETER**
- **IV TUBING**



DON'T FORGET HAND HYGIENE & GLOVES

USP CHAPTER 797

- **CHAPTER 797 APPLIES TO PHARMACIES WHERE COMPOUNDING IS PERFORMED**
- **ASC'S ARE NOT EQUIPPED WITH CLEAN ROOMS AND HOODS**
- **THEREFORE CONTINUE TO PRACTICE THE ONE HOUR RULE UNTIL FURTHER NOTICE**
- **FOLLOW PRODUCT MANUFACTURER INSTRUCTIONS**

CHECKING PATIENT'S BLOOD GLUCOSE

APPLICABLE PRINCIPLES:

APPROPRIATE STORAGE OF CLEAN SUPPLIES AND EQUIPMENT

CLEAR SEPARATION OF CLEAN AND CONTAMINATED ITEMS AND AREAS

A NEW, SINGLE-USE, AUTO-DISABLING LANCING DEVICE IS USED FOR EACH PATIENT

BLOOD GLUCOSE MONITOR IS CLEANED AND DISINFECTED AFTER EVERY USE WITH AN EPA-REGISTERED DISINFECTANT

DON'T FORGET HAND HYGIENE & GLOVES

CLEANING/DISINFECTION OF BLOOD GLUCOSE METER

**USE A PRODUCT THAT IS COMPATIBLE WITH THE DEVICE –
THE MANUFACTURER OF ANY FDA-APPROVED DEVICE MUST
RECOMMEND A DISINFECTANT**

**ALCOHOL IS NOT AN EPA-REGISTERED DISINFECTANT, IT IS
AN ANTISEPTIC**

**ALCOHOL DOES NOT EFFECTIVELY ELIMINATE BLOOD-BORNE
PATHOGENS**

DON'T FORGET HAND HYGIENE & GLOVES

ADMINISTERING INJECTABLE MEDS

STORE ALL MEDICATIONS, NEEDLES AND SYRINGES IN A CLEAN, SECURE AREA

USE A NEW STERILE, SINGLE-USE DISPOSABLE NEEDLE AND SYRINGE TO PREPARE MEDICATION

USE SINGLE DOSE VIALS ONE TIME AND DISCARD PER FACILITY POLICY

IF STORED AND ACCESSED IN A DESIGNATED MEDICATION PREPARATION AREA, MULTI-DOSE VIALS MAY BE LABELED WITH THE DATE FIRST ACCESSED AND USED FOR 28 DAYS OR BY THE MANUFACTURER'S EXPIRATION DATE, WHICHEVER COMES FIRST

CLEANSE THE SEPTUM OF THE MEDICATION VIAL WITH ALCOHOL PRIOR TO NEEDLE INSERTION, EVEN IF THE VIAL HAS JUST BEEN OPENED

CLEANSE THE IV PORT WITH ALCOHOL PRIOR TO ACCESSING FOR MEDICATION ADMINISTRATION

DISCARD THE NEEDLE AND SYRINGE AFTER ADMINISTERING MEDICATION

DON'T FORGET HAND HYGIENE



SAFE INJECTION PRACTICES IN THE PROCEDURE ROOM

YOUR CHANCE TO WIN AN OSCAR FOR BEST SUPPORTING ACTOR!

APPLICABLE PRINCIPLES (ANESTHESIA PROVIDER):

STORE ALL MEDICATIONS, NEEDLES AND SYRINGES IN A CLEAN, SECURE AREA

USE A NEW STERILE, SINGLE-USE DISPOSABLE NEEDLE AND SYRINGE TO PREPARE MEDICATION

USE SINGLE DOSE VIALS ONE TIME AND DISCARD PER FACILITY POLICY

USE MULTI-DOSE VIALS FOR ONE PATIENT ONLY (WHEN ACCESSED IN A PATIENT CARE / PROCEDURAL AREA MUST BE USED FOR A SINGLE PATIENT AND DISCARDED AT THE END OF THE PROCEDURE)

CLEANSE THE SEPTUM OF THE MEDICATION VIAL WITH ALCOHOL PRIOR TO NEEDLE INSERTION, EVEN IF THE VIAL HAS JUST BEEN OPENED

CLEANSE THE IV PORT WITH ALCOHOL PRIOR TO ACCESSING FOR MEDICATION ADMINISTRATION

DISCARD THE NEEDLE AND SYRINGE AFTER ADMINISTERING MEDICATION

DON'T FORGET HAND HYGIENE

ADDITIONAL CONSIDERATIONS:

APPLICABLE PRINCIPLES:

APPROPRIATE STORAGE OF CLEAN SUPPLIES AND EQUIPMENT IN AND ON TOP OF ANESTHESIA MED CARTS

CLEAR SEPARATION OF CLEAN AND CONTAMINATED ITEMS AND AREAS

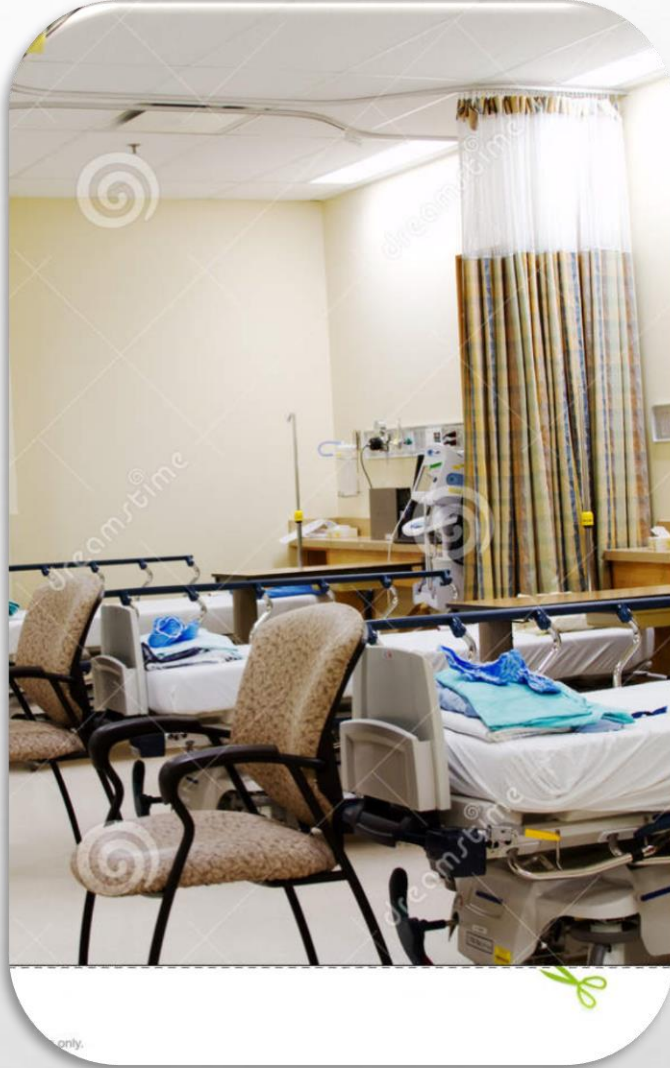
PREPARE MEDICATIONS FOR ONLY THE PATIENT IN THE ROOM OR ABOUT TO ENTER THE ROOM

– DO NOT PREPARE MEDICATIONS FOR PATIENT B WHILE PATIENT A IS IN THE ROOM

– DO NOT PREPARE MEDICATIONS FOR THE WHOLE DAY OR FOR SEVERAL PATIENTS AT A TIME

ANESTHESIA CART MUST BE LOCKED WHEN UNATTENDED

ALL WORK SURFACES MUST BE CLEANED AND DISINFECTED AFTER EACH PATIENT



SAFE INJECTION PRACTICES IN RECOVERY

ADMINISTERING INJECTABLE MEDS

APPLICABLE PRINCIPLES:

STORE ALL MEDICATIONS, NEEDLES AND SYRINGES IN A CLEAN, SECURE AREA

USE A NEW STERILE, SINGLE-USE DISPOSABLE NEEDLE AND SYRINGE TO PREPARE MEDICATION

USE SINGLE DOSE VIALS ONE TIME AND DISCARD PER FACILITY POLICY

IF STORED AND ACCESSED IN A DESIGNATED MEDICATION PREPARATION AREA, MULTI-DOSE VIALS MAY BE LABELED WITH THE DATE FIRST ACCESSED AND USED FOR 28 DAYS OR BY THE MANUFACTURER'S EXPIRATION DATE, WHICHEVER COMES FIRST

CLEANSE THE SEPTUM OF THE MEDICATION VIAL WITH ALCOHOL PRIOR TO NEEDLE INSERTION, EVEN IF THE VIAL HAS JUST BEEN OPENED

CLEANSE THE IV PORT WITH ALCOHOL PRIOR TO ACCESSING FOR MEDICATION ADMINISTRATION

DISCARD THE NEEDLE AND SYRINGE AFTER ADMINISTERING MEDICATION

DON'T FORGET HAND HYGIENE

IV CATHETER REMOVAL

**REMOVE CATHETER AND DISCONNECT TUBING FROM
FLUID CONTAINER**

DRAIN FLUID FROM CONTAINER PER FACILITY POLICY

**DISCARD TUBING AND EMPTY FLUID CONTAINER PER
FACILITY POLICY**

DON'T FORGET HAND HYGIENE & GLOVES



ACT THREE: **A Block-buster in the Making**

LIGHTS, CAMERA, ACTION!

SYSTEMS ENGINEERING

AN INTERDISCIPLINARY APPROACH TO ACHIEVE SUCCESSFUL SYSTEMS

FOCUSES ON DEFINING CUSTOMER AND PROCESS NEEDS

INTEGRATES ALL DISCIPLINES AND SPECIALTY GROUPS INTO A TEAM EFFORT

PROCEEDS FROM CONCEPT > PRODUCTION > OPERATION

OFTEN INCLUDES INTRODUCTION OF NEW TECHNOLOGY TO IMPROVE OUTCOME

SYSTEM FAILURE

OCCURS WHEN THE FAILURE OF KEY COMPONENT(S) BRINGS THE WHOLE SYSTEM TO A HALT

LACK OF PLANNING / FORESIGHT LEADS TO BREAKDOWN OF COMPLEX PROCESSES

PREDICTING / PREVENTING THE FAILURE REQUIRES ANALYSIS OF UNDERLYING CAUSES OF FAILURE AND ENGINEERING THE SYSTEM FOR SUCCESS

ENGINEERING FOR SAFETY

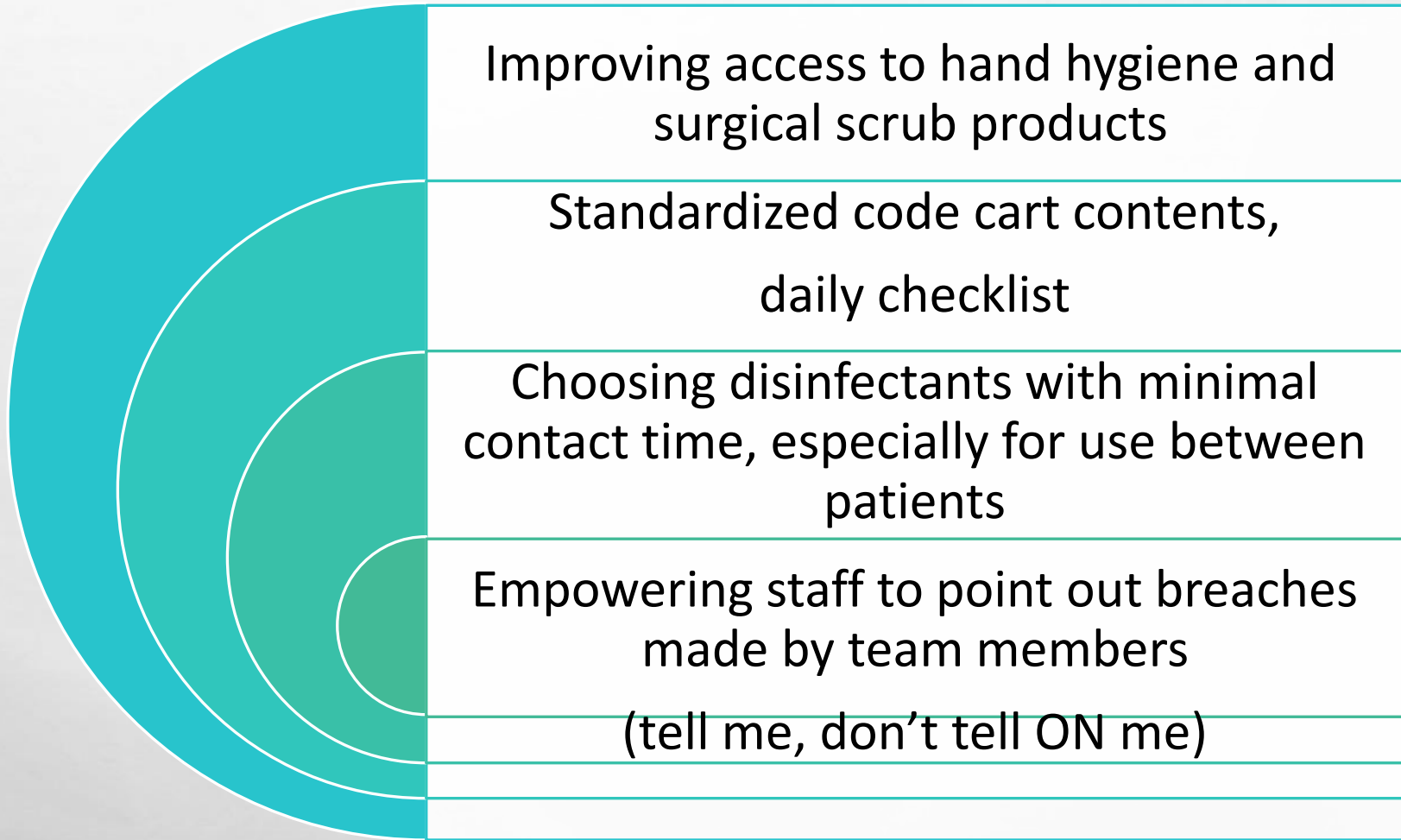
EVERY SYSTEM IS PERFECTLY DESIGNED TO ACHIEVE THE RESULTS IT GETS

PRINCIPLES OF SAFE DESIGN INCLUDE STANDARDIZATION, CREATING CHECKLISTS, LEARNING WHEN THINGS GO WRONG

THESE PRINCIPLES APPLY TO TECHNICAL AND TEAM WORK

TEAMS MAKE WISE DECISIONS WHEN THERE IS DIVERSE AND INDEPENDENT INPUT

EXAMPLES – ENGINEERING FOR SAFETY



GETTING CLINICIANS ON BOARD

**CORRECTING THE COURSE REQUIRES A TEAM APPROACH AND
CREATIVITY TO MAXIMIZE COMPLIANCE**

**USE ALL AVAILABLE RESOURCES TO STEER YOU IN THE RIGHT
DIRECTION**



Getting Clinicians On Board

Share the
data

Celebrate
correct
practice

Address
incorrect
practice

Solicit ideas
from front
line staff

SUMMARY OF INJECTION SAFETY PRINCIPLES

Use aseptic technique and safety technology

Limit use of multiple use vials and dedicate them to a single patient when possible

Never administer meds from the same syringe to multiple patients

Prepare medication in clean areas

Do not reuse a syringe to enter a medication vial/solution

Remove needles/syringes from sterile package at time of use, fill at time of use

Do not administer meds from a single-dose vial or bag to more than one patient

Follow guidelines for assisted blood glucose monitoring and other point-of-care testing

RESOURCES TO IMPROVE COMPLIANCE

CDC's One and Only Campaign

<https://www.cdc.gov/injectionsafety/one-and-only.html>

APIC Position Paper:

Safe Injection, Infusion and Medication Vial in Health Care (2016);
Association For Professionals in Infection Control and Epidemiology, Inc.
www.apic.org

ASC Quality Collaboration

<http://www.ascquality.org/SafeInjectionPracticesToolkit.cfm>

The One and Only Campaign

The graphic is set within a blue-bordered frame. On the left, a large, bold blue number '1' is positioned vertically. To its right, the slogan 'ONE NEEDLE, ONE SYRINGE, ONLY ONE TIME.' is written in a bold, sans-serif font, with 'ONE NEEDLE,' and 'ONLY ONE TIME.' in blue and 'ONE SYRINGE,' in black. Below the text, a detailed illustration of a medical syringe is shown horizontally, with its needle pointing to the right. The syringe barrel has markings for 1, 2, 3, 4, and 5. Below the syringe, the text 'Safe Injection Practices Coalition' is written in a smaller black font, followed by the website address 'www.ONEandONLYcampaign.org' in a blue font.

**ONE NEEDLE,
ONE SYRINGE,
ONLY ONE TIME.**

Safe Injection Practices Coalition
www.ONEandONLYcampaign.org

The *One & Only Campaign* is a public health effort to eliminate unsafe medical injections. To learn more about safe injection practices, please visit OneandOnlyCampaign.org.

For the latest news and updates, follow us on Twitter [@injectionsafety](https://twitter.com/injectionsafety) and Facebook/[OneandOnlyCampaign](https://www.facebook.com/OneandOnlyCampaign).

CDC. Injection safety: every provider's responsibility.



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Injection Safety

Injection Safety

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- [Infection Prevention during Blood Glucose Monitoring and Insulin Administration](#)**
- [FAQs regarding Assisted Blood Glucose Monitoring and Insulin Administration](#)
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Infection Prevention during Blood Glucose Monitoring and Insulin Administration

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Summary

The Centers for Disease Control and Prevention (CDC) has become increasingly concerned about the risks for transmitting hepatitis B virus (HBV) and other infectious diseases during assisted blood glucose (blood sugar) monitoring and insulin administration.

CDC is alerting all persons who assist others with blood glucose monitoring and/or insulin administration of the following infection control requirements:

[Email page link](#)
[Print page](#)

[Get email updates](#)
 To receive email updates about this page, enter your email address:

 [What's this?](#)

Contact Us:

Centers for Disease Control and Prevention
 1600 Clifton Rd
 Atlanta, GA 30333
 800-CDC-INFO (800-232-4636)
 TTY: (888) 232-6348
[Contact CDC-INFO](#)



DRUG DIVERSION* SPREADS INFECTION FROM HEALTHCARE PROVIDERS TO PATIENTS



HEALTHCARE PROVIDER
with Hepatitis C or other
bloodborne infection
tampers with injectable drug



**CONTAMINATED
INJECTION EQUIPMENT
AND SUPPLIES**
present in the
patient care environment



EXPOSURE OF PATIENT
results from use of contaminated
drug or equipment for patient
injection or infusion

*Drug diversion occurs when prescription medicines are obtained or used illegally by healthcare providers.

FOR MORE INFORMATION, VISIT CDC.GOV/INJECTIONSAFETY/DRUGDIVERSION



**AND THE OSCAR
GOES TO.....**

YOU!

**...ACCEPT IT ON
BEHALF OF YOUR
PATIENTS!**



QUESTIONS???